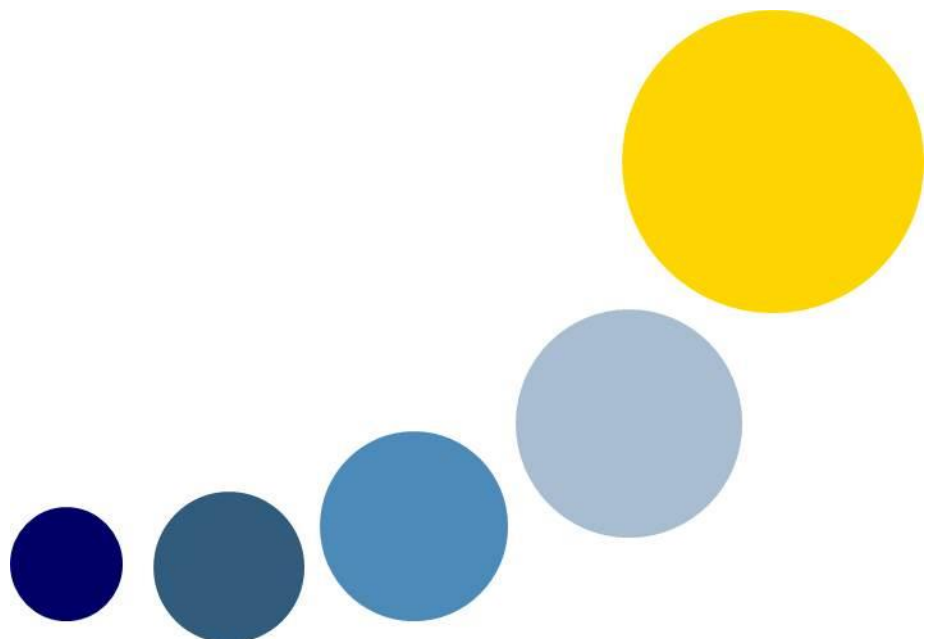


**Expert Platform
on Mental Health**
Focus on Depression

**ANNUAL REPORT
2016**



Goals

The Expert Platform on Mental Health – Focus on Depression (Expert Platform Foundation) is a multi-stakeholder initiative that aims to support and promote awareness about disorders of the brain, including depression, and their impact.

The Foundation aims to achieve its objective by developing tools and innovations and initiating and organising activities that promote knowledge of, awareness about and treatments for disorders of the brain.

The Foundation brings together researchers, public health experts, patients, members of the European Parliament and Commission, and representatives of major organisations concerned with mental health in Europe in order to raise awareness of depression, disseminate high-quality scientific information about depression, and develop tools and promote action to prevent depression.

Organisation & Structure

For the past two years, the Expert Platform on Mental Health has been run under the operational aegis of the European College of Neuropsychopharmacology (ECNP), as part of the College's mandate to provide guidance and information to the public on matters relating to brain function and the treatment of brain disorders.

On 6 October 2016 an independent Expert Platform Foundation was established to provide the initiative with its own independent identity and legal structure. ANBI status was confirmed on 17 November 2016.

The driving force behind the Expert Platform is the Advisory Board, under the leadership of the chair Joseph Zohar. It is the Advisory Board that initiates, develops and executes the activities of the Foundation. Consulting Experts are called upon if their expertise is needed.

A Management Committee is in place to co-ordinate the operations, supported by a secretariat.

Management Committee

Chair	Joseph Zohar – Professor of Psychiatry, Tel Aviv University, Israel
Secretary	Alexander Schubert – Executive Director, European College of Neuropsychopharmacology, The Netherlands
Treasurer	Eduard Vieta – Professor of Psychiatry, University of Barcelona, Spain

Member Organisations – the Advisory Board

European Brain Council (EBC)
European Depression Association (EDA)
European Network for Workplace Health Promotion (ENWHP)
European Federation of Associations of Families of People with Mental Illness (EUFAMI)
European Psychiatric Association (EPA)
European Psychiatric Nurses (Horatio)
Global Alliance of Mental Illness Advocacy Networks-Europe (GAMIAN-Europe)
International Federation for Psychotherapy (IFP)
Standing Committee of European Doctors (CPME)
World Organisation of Family Doctors (WONCA)

All of these organisations are not for profit and are operated by volunteers in the public interest.

Observers on the Advisory Board

Nessa Childers – Member of the European Parliament
Lara Passante – Project Officer Neuroscience, DG Research and Innovation
Isabel Peña-Rey – Seconded National Expert, DG Health and Food Safety, European Commission
Jürgen Scheftlein – Policy Officer, Health Determinants Unit, DG Health and Food Safety, European Commission

Alexander Schubert – Executive Director, European College of Neuropsychopharmacology

Consulting Experts

Wolfgang Gaebel – Professor of Psychiatry, Heinrich-Heine-University, Düsseldorf; Past-President, European Psychiatric Association

Guy Goodwin – Professor of Psychiatry, University of Oxford; President, European College of Neuropsychopharmacology

Martin Knapp – Professor of Social Policy, London School of Economics

David Nutt – Professor of Neuropsychopharmacology, Imperial College London; President, European Brain Council

Charles Pull – Centre de Recherche Public-Santé and Centre Hospitalier de Luxembourg

Zoltán Rihmer – Professor of Psychiatry, Semmelweis University, Budapest

Norman Sartorius – Professor of Psychiatry, University of Geneva

Hans-Ulrich Wittchen – Professor of Clinical Psychology and Psychotherapy, Technical University of Dresden

Gil Zalsman – Professor of Psychiatry, Tel Aviv University

Secretariat

Annemieke Heuvink, Administrator

Members of the Advisory Board and Management are reimbursed at cost for their Expert Platform-related expenses, but receive no remuneration.

Secretariat expenses were met by ECNP.

Activities

The aim of the Expert Platform is to provide a forum for disseminating high-quality, evidence-based information and tools about depression, its causes and treatment, and to initiate projects that contribute to more effective efficient and cost-efficient mental health, with the ultimate aim of a healthier, better informed, and more productive European population.

Specific 2016 activities include:

- European Unified Suicide Prevention Plan (EUSPP)
- The Cost of Depression in the Workplace study
- Treatment Resistant Depression study
- Meeting with Members of the Parliament
- DepNet patient information website
- iFeel depression app
- Media Award

Finance

The Expert Platform was run under the aegis of ECNP, until a separate foundation was established in mid-2016. The initiative's 2016 expenses were covered in full by ECNP and are detailed in the 2016 ECNP annual report, which can be found on www.ecnp.eu.

Starting January 2017, the Foundation will run its own financial administration.

The Foundation will seek grants and donations to cover future expenses.

Contact details

Post and visiting address

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The Expert Platform Foundation is registered with the Dutch Chamber of Commerce (Kamer van Koophandel) under number 66207185.

The Dutch fiscal number (rechtspersonen en samenwerkingsverbanden informatienummer – RSIN) of the Expert Platform Foundation is 8564.42.549.

The Expert Platform Foundation is a public-good-serving organisation (algemeen nut beogende instellingen – ANBI) under Dutch tax law.

